Your Universe

 The
 Usbridge Cosmus

 Vol. 19 No. 28
 TheCosmos.ca

Reconsidering land acknowledgments • We need to heed the hail • Paris Olympics just an eventer away



BACK TOGETHER - A jubilant Joanne Richter cuts the ribbon at the Second Wedge Brewing Co.'s grand re-opening. The brewery was heavily damaged during last year's tornado, and is finally ready to throw open the doors to its tasting room and shop. Richter, who co-owns the brewery with Rob Garrard (in white t-shirt) is helped by councillor Willie Popp, left, and regional councillor Bruce Garrod, along with family, friends and many supporters. *Photo by John Cavers*

Uxbridge Hospital heads to design stage

From The Link, Oak Valley Health's community newsletter, July 2023

Building a new Uxbridge Hospital on the site of the current building is nearer to reality because the project recently received approval to secure a design architect and develop the full plan for the new facility. This design process is expected to take approximately 12 months.

"Moving into the design phase is another significant step forward in bringing this innovative campus of care together," says Jo-anne Marr, president and chief executive officer of Oak Valley Health. "Our Uxbridge Hospital is already such a pivotal resource in the community and this new campus will only strengthen that further."

Once complete, the new hospital will be a state-of-the-art building, where patients will receive the highest quality care and an extraordinary patient experience. The vision for the

...continued on page 8



Go nuts, Uxbridge, there's a new crop in town

Lisha Van Nieuwenhove

Uxbridge is dotted with farms that grow everything from cows to corn to hops for beer. Add a hazelnut farm to that list.

You read that correctly – there's a hazelnut farm in Uxbridge. Just outside of Uxbridge, actually, on Reg. Rd. 1, mere metres past Ashworth Rd., sits Nutcracker Ridge Farm. More than 2,600 hazelnut trees cover 12 acres of Nutcracker Ridge's 100 acres, and are thriving in what many would believe is a climate unsuited to nut-growing.

"We have 16 different cultivars growing here, and each was bred specifically to produce in colder climates," explains Earl Hughson, who runs Nutcracker Ridge Farms with his spouse, Roselyn Meissner. "Each variety has its own nut size and quality, and is bred for volume. They are also supposed to be Eastern Filbert Blight (EFB) resistant." Why hazelnuts and why Uxbridge? Hughson explains that global demand for hazelnuts is increasing, and that supply from Turkey, which supplies over 70 per cent of the world's hazelnuts, is dwindling. He says Italy and Oregon, in the United States, are also big exporters of hazelnuts, but the company Ferrero (of seasonal chocolate treat Ferrero Rocher fame) buys approximately 55 per cent of the world's hazelnuts just to make the chocolate/ hazelnut spread Nutella and its chocolates. One of Ferrero's largest plants is located in Brantford, Ont., and it imports thousands of tons of hazelnuts every year.

"I like new things, I like learning and doing new things," says Hughson, who retired after spending years doing research and development and high volume manufacturing in the hightech sector of the automotive industry. "I moved to Uxbridge in 1995, and wanted some land. We finally bought this terrific property, and just sat on it for a while. We weren't sure what we were going to do with it, and one day I'm talking to a colleague, and I mention our farm to him. He asks me, "Are you going to grow hazelnuts there?" I hadn't even thought about that. I knew nothing about it!"

Hughson and Meissner began doing some research, and came to the conclusion that hazelnut farming could be, once it was an established operation, a relatively low maintenance occupation.

"We're waiting for that part to happen," laughs Meissner.

"It takes a long time to get a winning combination," says Hughson. "The trees that are planted in Ontario are cloned cultivars, and those take two to three years just to be ready to plant. Once they're planted, it takes another five to seven years for them to get to reasonable nut production. And they are wind pollinated, *...continued on page 3*





WHERE PRIVACY AND TRANQUILLITY MERGE 55 Wagners Road features 3 bedrooms, 2 bathrooms, two-level 3-sided decks within steps to Wagners Lake and the Uxbridge Brook. Asking \$839,900





MORE INFO www.uxbridge.ca

Council & Committee Meetings

Meeting Schedule for July, 2023 Monday, July 24, 7:00 p.m.

BIA BOARD MEETING

Fridays at the Foster **Concert Series**

9449 Conc. 7 (Durham 1) www.thomasfostermemorial.com Every Friday night from 7:30 - 8:30pm from May to September. Admission is by donation at the door.

July 21 - David Donar - Guitar July 28 - Laurelle Augustyn – Vocals/Guitar

Employment Opportunities Complete details of all open positions are

available at www.uxbridge.ca/careers/

Community Services Department Arena Attendant, Adult, contract Closes Friday, July 21, 2023, at 4:30 p.m.

Clerk's Department Receptionist/Administrative Assistant, permanent, part-time Closes Friday, July 28, 2023, at 4:30 p.m.

Community Services Department Arena Attendant Assistants (adult), part-time, 8-month contract Closes Friday, August 11, 2023 at 4:30 p.m.

> Uxbridge Public Library student positions Closes Friday, August 11, 2023

Community Services Department Arena Attendant Assistants (student), part-time, 8-month contract Closes Friday, August 11, 2023 at 4:30 p.m.

Uxpool - Lifeguards and/or Instructors, Fall season Closes Wednesday, August 30, 2023 at 4:30 p.m.

Public Works and Operations Crossing Guards Resumés accepted on an ongoing basis.

Bids & Tenders

All current bid opportunities are posted to http://www.uxbridge.ca/bids_and_tenders RFP U23-17 - Arena Pro Shop Closes August 1, 2023, at 2:00 p.m.

Uxbridge at a Glance

Public Notice - Pesticide Use Within The Township of Uxbridge

The Township of Uxbridge intends to control noxious weeds along preselected rural Concession roadsides north of Davis Drive.

A map identifying the roads to be sprayed is available on the Township of Uxbridge website at http://bit.ly/3JQyIZC. This information is also available by scanning the QR code in the bottom right of this ad.

The following pesticides registered under the Pest Control Products Act (Canada) will be used:

• ClearView Herbicide (PCP registration number 29752), which contains the active ingredients, Metsulfuron-Methyl and Aminopyralid (present as potassium salt). Hasten NT Ultra Spray Adjuvant (PCP registration number 31760), which contains active ingredients Methyl and ethyl oleate (esterified vegetable oil)

• Navius FLEX Herbicide (PCP registration number 30922), which contains the active ingredients Metsulfuron - methyl and Aminocyclopyrachlor, in combination with Hasten NT Ultra Spray Adjuvant (PCP registration number 31760), which contains active ingredients Methyl and ethyl oleate (esterified vegetable oil).

Commencing on July 17, 2023 (weather permitting) and ending August 18, 2023

We are controlling Noxious Weeds under the Public Works Exception of the Cosmetic Pesticides Ban for the promotion of public health and safety.

Learn more and see maps of the selected spray area by scanning the QR code:

For more information about the noxious week program please call (collect calls accepted): Township of Uxbridge Bill Rynard, C. Tech, CRS Steve Ford Road Operations Manager

Green Stream 905-510-1229







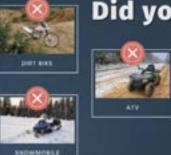
905-852-9087

Ongoing road work is

Additional road restrictions are listed at www.uxbridge.ca/roads

Township of Uxbridge documents are available in alternate formats upon request.

Please fill out the Request for Alternate Formats Form at uxbridge.ca/accessibility



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Off-road vehicles are prohibited on municipal streets, trails,sidewalks or in parks

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Never BBO in a garage, tent or enclosed space.

Place your BBO away from wooden fences, walls and anything that burns.

email: accessibility@uxbridge.ca phone: 905-852-9181 ext.209

Uxbridge BIA Board of Directors Wanted

905-852-9181 info@uxbridge.ca

51 Toronto Street South, P.O. Box 190

Uxbridge L9P 1T1

The Corporation of The Township of Uxbridge

The Uxbridge BIA Board of Directors is a Committee of Council for the Township of Uxbridge that are appointed for the Term of Council. As a result, we are inviting **NEW DIRECTORS to join our team!**

If you own a property or operate a business within the BIA zone https://www.uxbridge.ca/en/bia/about-the-bia/member-

resources.aspx and have ideas on how we can improve our BIA, please consider this opportunity to help shape our business community and make a difference to the vitality of Uxbridge. BIA Board hybrid meetings are held monthly at 7:00 p.m., virtually on Microsoft Teams and in-person in the Township Municipal offices Boardroom. All are welcome to our meetings!

Interested candidates who wish to help plan, evaluate and vote on projects to support our BIA member businesses are encouraged to JOIN OUR BIA BOARD OF DIRECTORS.

Applications will be accepted until Friday, July 28, 2023, by the undersigned.

Debbie Leroux

Director of Legislative Services/Clerk 51 Toronto Street South, Box 190, Uxbridge, ON L9P 1T1 dleroux@uxbridge.ca 905-852-9181 ext 228

Int. Animal Exploration Join us on a fun filled week full of games, activities and also a visit from ZooToYoull Price: \$226 Ages: 7-11

The Uxbridge Historical Centre

Presents

Dates: July 31 - August 4 Register on ActiveNet today! Code: 14825



Planks Lane from Marietta St. to Main St. S. is closed except for local traffic. Sidewalks are also closed.

occurring in this area.

Going nuts in Uxbridge, from page 1

so you have to think about what cultivars you plant next to other cultivars - it's quite something!"

In 2015, they began planting, hoping to learn what cultivars fared well in this climate (Zone 5), and what practices worked for them. The "Pond Field," which is hidden from Reg. Rd. 1 by a row of trees, was previously a pasture, and, as implied by the name, has a large pond next to is which is fed by underground springs, so no irrigation system is required for this field. The "Ridge Field" contains the bulk of the trees, and rises up behind the farmhouse, hidden entirely from the road. Hughson says the top of the hill is leached sand and stones, while the bottom of the hill has rich soil and high moisture content.

A planting party at Nutcracker Ridge Farm. Owners Earl

Hughson and Roselynn Meissner call on friends and family to

help plant hazelnut trees, but it doesn't appear to be an ardu-

ous task - Hughson has designed a system that sees a tree

planted in just 12 seconds, start to finish.

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Then, during a tour, he points out one particular cultivar that obviously loves the top of the hill, but not the bottom. The trees are planted in tidy rows, and with this cultivar, the rows of trees at the top of the hill are thriving and bushy, laden with nuts. As the row travels down the hill, the trees become smaller and more sparse-looking, apparently not happy with the change in soil conditions.

"That's why we're trying this, that's how we learn!" says Hughson.

Hughson and Meissner aren't alone in their hazelnut adventure. The Ontario Hazelnut Association, based in Simcoe, Ont., provides support to Ontario hazelnut farmers, of whom there are many. The association has been working on conducting hazelnut farm tours in regions around the various

province, and Uxbridge is next on the list. This Saturday, July 22, from 1 – 4 p.m., other hazelnut farmers, as well as those who are interested in learning more, can visit Nutcracker Ridge Farm to learn more about this quickly growindustry. ing General admission to the tour for one person is \$15, a family is \$20. OHA members are free. Tickets are available online

being members of the OHA (Hughson is also the current chair), Nutcracker Ridge Farm is considered a trial farm, so it's been working closely with the University of Guelph and the OHA during its development. The university, through the Ontario Agricultural College, is an advocate for Ontario hazeln u t



A close-up of hazelnuts on the tree at Nutcraker Ridge Farm. Photo by Lisha Van Nieuwenhove

farming. On its website it touts hazelnuts as lending "a helpful hand to the environment." For instance, Ferrero could help decrease carbon emissions by buying Ontario hazelnuts as opposed to Turkish ones. Also online, "Hazelnut trees capture more carbon than they release during production, and orchards become carbon sinks. By capturing

CLARIFICATION

The story "New playground opens at Elgin Park" (p. 3, July 13 edition), stated that the gardens that surround the new accessible playground were created and will be maintained by the Uxbridge Horticultural Society.

The Lions Club of Uxbridge would like to clarify that, while the gardens were created by the Horticultural Society, they will be maintained by the Town-



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carbon dioxide, a heat trapping molecule, hazelnut orchards can help to combat global climate change." Hazelnut trees also require relatively little irrigation, which helps conserve water; their shells can be used to help clean oil spills, mines and tar sands; and they can produce nuts

for up to 100 years, which "helps preserve soil dynamics and lessen the possibility of soil degradation."

For those who are unable to attend this weekend's hazelnut farm tour, Nutcracker Ridge Farm is also Farm.



Tidy rows of hazelnut trees in the pond field at Nutcracker Ridge Photo by Lisha Van Nieuwenhove



The Uxbridge Hospital Auxiliary would like to thank all the sponsors, patrons, pledges, participants, the community, and the many dedicated volunteers who made the 2023 Run for the Diamond a great success. Special thanks to Jay Glassman, our race director.

Melfer Construction St. Andrews-Chalmers Church Township of Uxbridge Canadian Tire Uxbridge **Meek Electric** LKQ Keystone Jim Sutherland Sorrelle Golomb, Chestnut Park Real Estate Randy Hoban D. Vi. Tu Banh & Assoc. Gwen Lavton, Coldwell Banker R.M.R. Real Estate Brokerage **Uxbridge Family Dentistry** Bass Murphy & Partners LIV Building Products The Vein & Laser Centre Aspira Douglas Crossing The Uxbridge Lions Club Dr. Melissa Mullett, Chiropractor



McDonald's Uxbridge **Urban Pantry** The Bridge Social The Uxbridge Cosmos Newspaper Uxbridge Fire Department & Sparky Nexus Coffee Co. 105.5 HITS FM Williamson Uxbridge Leuschner's Lawn Care **Challenger Electric** Uxbridge Chiropractic Ron Noble Nurse Next Door **Booster Juice** Uxbridge Pharmasave Uxbridge Kawartha Dairy NRG 4 Life Uxbridge Physiotherapy Zehr's Uxbridge Vince's Market Uxbridge Modern Pilates Durham Region Police Auxiliary Unit Holistic Salt Therapy & Cave Coopers CSA Farm

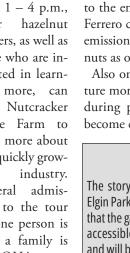
Our sincere thanks. Looking forward to 2024!

The Roxy Theatres

Mani Tea Uxbridge

hoping to host some "pick your own" hazelnut events later in the season - watch the Cosmos for details!

Farm tour details: Saturday, July 22, 1 - 4 p.m. \$15/person, \$20/family, available through ontariohazelnuts.com



Our two cents

Nuts about all Uxbridge has on offer

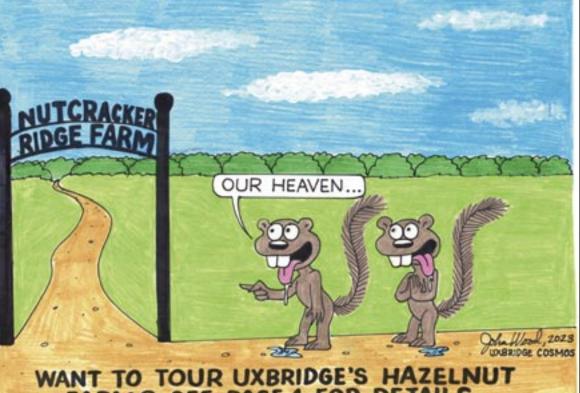
Last week we were going through our email inbox, deleting junk mail, rifling through others, and were just about to toss one from the Ontario Hazelnut Association in the "Trash", when the word "Uxbridge" caught our eye. We opened the email, read it, and uttered the phrase that, if you've already read the story on page 1, we'd bet money you uttered too: "Uxbridge has a hazelnut farm?"

Yes, yes it does. And it's fabulous. (We, of course, needed to know more, so quickly arranged a little farm pre-tour, ahead of the one being featured this Saturday afternoon. Read the article to learn more.)

That got us to wondering what other little hidden gems and unknown stories are lurking in this township about which we know nothing? We remember having the same reaction when we learned that a line of awardwinning, luxury chocolate bars was being created in what used to be called



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When my ward councillor stopped by my house for her re-election campaign, I asked her when she and the town would be doing something about the speeding on Front St. and the other hamlet roads? Her reply was to tell me she couldn't - or wouldn't - do anything.

In the past, I have given her at least a half a dozen solutions to the problem, not one of which she or the town would consider.

How is she a "huge advocate of road safety?" and why is she taking credit for the improvements in this article? How are these improvements on Reg. Rd. 21 going to make the hamlet roads any safer? **Robbie Robertson**





Have a say on Ontario's first urban provincial park! We are giving the public an opportunity to share thoughts and ideas on the proposed new urban park in Uxbridge. Fill out the survey and let your voice be heard. https://engage.ontario.ca/.../su rvey-urban-provincial-parks



Am I Wrong?

column by Roger Varley

Nice weather, huh?

Given the run of fair weather we've been experiencing lately, it's rather hard to imagine what other people in different parts of the globe are going through.

We've had a couple of quite warm days where the temperature reached around 30C, but, all in all, our days have been warm enough to encourage us to go outdoors and the evenings have been cool enough to make for a comfortable night's sleep. There has been enough rain to keep the foliage green and the flowers blooming, but not so much as to seriously interrupt our summer activities. At least, that's the way it's been in our neck of the woods so far this summer.

Elsewhere, there are different stories. This year, British Columbia has had the worst forest fire season on record, and wildfires in Northern Ontario, Nova Scotia and Quebec have affected air quality across the eastern United States. The southern U.S. is experiencing an extended period of well-above normal temperatures, with the city of Phoenix recording 19 consecutive days (and still counting) of daytime highs of reaching 43C.

Most of southern Europe is also in the grip of extreme heat, with the Italian government advising people to stay indoors and avoid physical activity. India has also been sweltering. In fact, the World Meteorological Organization claimed that last week the overall global temperature was the hottest ever recorded. To underscore that fact, Fort Good Hope in the Northwest Territories registered a daytime high of 37.4C earlier this month.

On top of this, there are serious drought conditions, particularly in the American southwest. Some communities in Texas have been warned their water supply could run out within weeks.

Lack of water was not the problem recently in New England, where major flash flooding has cost lives. There has also been flooding in India, Japan - and Montreal. But water is posing a different problem for Floridians: the surface temperature of the ocean around Florida reached as high as 100F this week, making a cooling dip more like a hot bath. Prof. Altaf Arain of McMaster University's Centre for Climate Change, says we all need to take heed. "The message you get is we are all in it together," he said. "We all will be impacted, one way or the other."

Commenting on a 2022 report of the Intergovernmental Panel on Climate Change, United Nations secretary-general Antonio Guterras said: "We are on a fast track to climate disaster."

Yet, despite all the evidence surrounding us, there still are people who deny that climate change is real. And even if they grudgingly accept the fact of climate change, they deny that human activity has anything to do with it. It's a lot easier to dismiss the idea of climate change when we live in an area that seems almost like a weather Utopia. We don't have to deal with the weather-related deaths experienced elsewhere, like the more than 600 people that the B.C. coroner's office said died of heat-related causes in the summer of 2021. That was the first time I had heard of something called "a heat dome."

However, that's a drop in the bucket compared to the numbers who are likely to die when famines caused by the droughts inevitably occur.

But it's not just people who are affected. A recent report noted that the world's wonderful blue oceans are actually becoming green. Of late, there have been numerous reports of orcas attacking boats, great white sharks have been seen in increasing numbers along the shores of eastern Canada and the New York and New Jersey coasts. Some people have been amused by reports of a sea otter aggressively taking over surfboards in California. Miniscule occurences to be sure, but if that little drip in the side of the dam isn't fixed, you can be sure the whole dam will give way eventually.

As I said, it's hard to get excited about things that are happening to other people a long way away from our little Eden, but it seems to me that we - that's us and our various levels of government - need to start taking this climate change a lot more seriously or we're all going to be in trouble.

Maybe it's time to start standing on street corners with signs reading: "The end is near." Tell me, am I wrong?



The Barris Beat

column by Ted Barris

True reconciliation

Last Thursday evening, the creative director of a festival in which I was participating, came to the microphone at the lectern, looked at the assembly of novelists, non-fiction writers, poets and all the other festivalgoers. With appropriate sincerity and solemnity, she read the local land acknowledgment.

"We acknowledge that we are on Treaty 4 land," she said, "encompassing the lands of the Cree, Saulteaux, Dakota, Nakota, Lakota and on the homeland of the Métis Nation."

That's the way the 27th edition of the Saskatchewan Festival of Words began in Moose Jaw, last week. Many of the 30-plus writers contributing to the four-day festival arrived in time for the opening ceremonies, including Bob McDonald (host of CBC Radio's *Quirks & Quarks*), Suzette Mayr (2022 Giller Prize winner), Ali Hassan (host of *Laugh Out Loud* and *Canada Reads*), and Michelle Good (Governor General's Award winner). I was at the festival to present my writing in the non-fiction category. And for the first time – in all the times I've listened to land acknowledgments in the past few years – I wondered what was wrong with them?

Yes, they tell me which First Nations were displaced, from where they were displaced, and what misguided principles inflicted the displacement. But that's all. These land acknowledgments – however respectful and appropriate they may be – have become cliché. To me they seem a bit like singing *O Canada* before NHL games, or saying grace before a meal. Land acknowledgments are a formality. They're an offering in lieu of loss and out of respect. But they really should be more than symbolic.

Remarkably, just minutes after that land acknowledgment, I discovered one way to make these important gestures more meaningful. One of my fellow author/presenters, Ken Carriere, stepped to the microphone. He held up a copy of his memoir, *Journeys of The One* to Strike the Wetigo, a book about his life as a Swampy Cree trapper, fisher, guide and educator from the Saskatchewan River delta. The front cover of his memoir shows an historic moment in Carriere's life, in the early 1960s, when his father Pierre landed a 160-pound sturgeon fish in the Saskatchewan River Delta. As well as the gigantic fish, the photo includes Ken's brother, who actually chased down the person to photograph the recordbreaking sturgeon.

"The picture also shows my brother Franklin, who'd been forced to cut his long hair short by the Indian residential school he attended," Ken said. "It was a symbol of the racism our people suffered."

While I've always known generally about the systemic racism of Canada's residential schools, I had little understanding of such specific abuse inflicted on young Franklin Carriere (and thousands like him). It occurred to me *that's* the sort of acknowledgment Canadians should hear, see and understand. In other words, Canadians need not only know about the displacement of Indigenous Peoples from their land, but that displacement had personal and tragic consequences. If we are ever going to reconcile abuses committed by our predecessors, we need to recognize their individual and universal impact.

As it turned out, Ken Carriere gave me more than the essence of truth and reconciliation. After the opening ceremonies, my wife and I joined Ken for supper. He shared more of his experiences working as a geologist in Saskatchewan's mineral-rich north. He told us stories of his family's connection to outfitting, hunting, fur trapping and transport on the Saskatchewan River going back a hundred years. It suddenly occurred to me that Ken's and my paths might well have crossed when I was researching my first book on early prairie steam navigation 50 years ago.

"Did you ever know a man named Bill McKenzie?" I asked.

"Steamboat Bill McKenzie?" he said. "He was my uncle."

"Your uncle took me to the riverside in 1973," I told him. "He showed me how he read the sandbars, snags and currents of the Saskatchewan River, and probably saved lives piloting those massive steamboats safely up and downriver."

In that moment, I realized that reconciling our relationship with First Nations goes much deeper than land acknowledgment. At a time when we desperately need to understand global problems, undo our misuse of the environment and reconcile human relationships, answers may be as close as sharing with our most experienced neighbours.

For more Barris Beat columns, go to www.tedbarris.com

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5

Uxbridge equestrienne - and Olympic hopeful - heads to Europe for 'experience'

Justyne Edgell

Another Uxbridge athlete is on track for the Pan Am Games and the 2024 Paris Olympics. Kendal Lehari, a born-and-raised in Uxbridge equestrian athlete, along with two of her horses, Audacious and Mitchell, will be jetting off to Belgium, where she and Audacious will be compet-

Doris "Dorie" Heinbuch née Steele

After a long and happy life, Doris left us at the age of 100. She was very happily married to Les, who passed away in 2005, for 55 years. She leaves her much-loved son and daughter, Jim and Nancy; her son-in-law Dan, and two dear grandchildren, Katie and Mitchell Fisher.

Doris and Les both loved the community in Uxbridge, and for many years, Doris was a very active member of the Uxbridge Cottage Hospital Auxiliary and a member of the IODE. She was a true lady and will be remembered for her kindness, generosity, and beautiful spirit.

A family remembrance will be held at a later date. She will be laid to rest beside Les at the Foster Memorial Cemetery. If desired, donations of remembrance may be made to the Uxbridge Hospital Foundation in Dorie's name. For online condolences, please visit www.lowandlow.ca



Eva Jean Rodd née Camplin

Jean passed away peacefully on Friday, July 14, 2023, at Reachview Village in Uxbridge. She will now be reunited with her beloved husband Cliff, who predeceased her in 2018. She was the loving and proud Mother of Donna (Dave) Kampman, Judy (the late Bill) Thordarson, Neil (Sylvie) and Greg (Kathleen). Adored Grandma of Allison, Angela (Jonathan), Garrison (Valarie), Jannelle, Alec, and Nicholas. Proud Great-Grandmother of Owen, Benjamin, and Celeste.

Jean was a lifetime active member of The Greenbank UCW and of The Uxbridge Seniors Citizens, where she enjoyed shuffle boarding, lawn and alley bowling. She travelled extensively with Cliff on many tours and loved to talk about the trips.

A private family graveside service will be held at Bethel Cemetery in Greenbank on Monday, July 24, 2023, at 1 p.m. Donations in memory of Jean to the Sick Children's Hospital in Toronto, would be appreciated. Arrangements entrusted to The Low & Low Funeral Home, 1763 Reach Street in Port Perry. (905-985-7331) For online condolences, please visit www.lowandlow.ca.



ing for the Canadian National Cup Team.

6

"I am extending my stay to get more experience competing overseas. I will bring Mitchell to get the most out of my stay by having two horses to compete," explains Lehari. "We have done our last Eventing competition before going to Belgium, but I will do another show jumping competition to get more practice before we go. This will be my first time competing overseas, so I am busy working out the logistics, planning and fundraising."

Shipping alone is \$40,000 per horse, and while she says she had a very successful fundraiser last fall (raising \$20,000

Edward Jones

and receiving a grant of \$22,500 from Kelly and Shane Maine), Lehari says she has a long way to go to make the most of this opportunity.

"To set our team up for the best possible chance for success leading up to Paris 2024, I am trying to raise an additional \$100,000," says Lehari. She will be doing several more fundraising programs in the coming weeks, including silent auctions, financial donations and Aeroplan point donations.

In Loving Memory of

Elwin (Butch) McClellan

August 19, 1937 - July 17, 2005

There's a face that is haunting us ever,

There's a voice we're longing to hear.

There's a smile we'll remember forever,

Though we try to forget every tear.

There's a sad but sweet remembrance,

There's a memory fond and true,

There's a token of affection and

Heartache, dear Butch, for you.

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Marilyn, David, Loralee, Melissa, Kevin, Karleigh,

Megan, Braedyn, Kendall, Emily and Dustin

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Uxbridge eventing equestrienne Kendal Lehari. Photo by Teresa Mae Finnerty

Lehari is no novice to high levels of competition. In 2006, she received individual and team gold at the North American Young Rider Championships. In 2022, she became part of the Nations Cup Team at Bromont, finishing second as a team.

"And let's not forget about the adrenaline rush of Eventing at the highest levels, reaching that coveted CC15 echelon! These triumphs are proof of my unwavering dedication and countless hours spent perfecting my craft," exclaims Lehari.

"My trip overseas will be hugely beneficial to my growth as an athlete and competitor," says Lehari. "I have competed at the highest level and I campaign in Canada and the USA regularly. I compete against many amazing competitors, but the quality of competition in Europe and the UK is much higher than we get here. They have significantly more people at the top levels, so you are always exposed to the best. The timing of this trip works well for me to get the experience and exposure, while still having time to apply what I have learnt as I work towards the Paris Olympics."

When she was younger, Lehari thought her focus on equestrian eventing during a gap year between university and getting a "real job" was just an amusement, but she ended up going pro and making the sport her whole life.

"Both my parents rode horses," says Lehari. After her parents were married, they bought a farm in Uxbridge and her mom started her own coaching and training business at the farm.

⁶We were members of the Uxbridge Horsemen's Association and did a lot of the fairs, fun shows, and Santa Claus Parades growing up." Uxbridgians may have even caught a glimpse of Lehari riding through Durham Forest, on the Walker Tract, or maybe even riding up for a drink at Slabtown Cider.

To follow along on Lehari's journey, find her on Instagram (@kendallehari), Facebook (Kendal Lehari & Lehari Eventing), or on her website, leharieventing.ca

Her silent auction, which closes this Sunday at 5 p.m., is accessible through her Facebook page. For those interested in helping financially, visit her Inspire Me fund at inspireme.fund/project/61/kendalleharis-journey-to-the-podium-join-the-

team

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comedians, magicians. Talent Show will take place at the Bandshell on Fri., Sept. 8. Winners from each age division will perform on Sat., Sept. 9. Email for details

music, tastings, dancing and tons of fun. Group & individual rates. Call 1-800-979-2913 or email info@towntrolley.ca 7/20

Hospital design, from page 1

Uxbridge campus is moving to a community health hub including acute, ambulatory and emergency services, long term care, and primary care services.

Last year, in partnership with the Uxbridge Health Centre's physician group and Oak Valley Health, the Oak Tree Medical Centre opened on the site, marking completion of the first phase of the redevelopment project.

"This is a really exciting phase in the redevelopment where we get to see the design concepts start to take shape," says Elena Pacheco, vice president and chief operating officer for Oak Valley Health. "It is also another opportunity where

Butternut Manor

Retirement Living...Among Friends

we get to work with our key stakeholders, including our staff and the Uxbridge community, to help design a hospital that we can all be proud of.'

To help meet the growing need for access to long-term care (LTC), a new home is an important component of the campus vision. The LTC space will be fully funded by the operator that holds the licences for those LTC beds. There is also a plan for a post-acute unit to help build additional acute capacity across the region, including Markham Stouffville Hospital.

With a view to the future, the rebuild will support modern care procedures and technologies, including advanced infection control. The new hospital will have greater diagnostic and labora-

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tory capacity. A new cardio-respiratory clinic will include services such as virtual cardiologist consultation. And, with the addition of stress and pulmonary function testing capabilities, the cardio-respiratory clinic will support Uxbridge residents for the early identification and intervention for heart disease.

Planning will ensure continuous service during construction and transition of the new hospital opening and the old one closing. All programs and services will remain open until they move into the new building.

For more on the redevelopment project, residents are invited to visit a web page specifically dedicated to sharing updates. Visit oakvalleyhealth.ca to find this page.

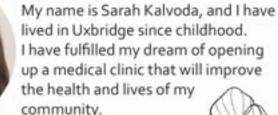
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Kids just want to have JumpStart fun

Thursday, July 20, 2023

Roger Varley

More than 200 youngsters descended on Uxbridge arena last Friday for the annual JumpStart day.

Put on jointly by Pat Higgins' Canadian Tire and Uxbridge's summer camps program, the day featured numerous fun activities for the kids, aged five to 13. Decked out in a rainbow of different coloured T-shirts, the participants moved from station to station during the five-hour event, trying their hands at pickleball, wheelchair basketball and volleyball, an obstacle course, hoola hoops, skipping ropes and having fun with a multi-coloured parachute.

Township recreation manager Hunter Gardner said more than 40 volunteers were on hand to supervise the event, with volunteers from Power Sports Canada running the wheelchair station. The free event, with the majority of participants coming from the summer camps program, also featured a barbecue sponsored by Zehrs and swag bags for each child at the end of the day.

Started by Canadian Tire, the Jump-Start program is aimed at making activities, particularly sports, available to all children regardless of physical disabilities or a family's lack of funds. In 2016, Higgins and his local franchise received a national Canadian Tire award in recognition of being a role model for the JumpStart program.

Magnolia Bloom

Services

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Prescription renewals

 Cancer screening: Cervical, breast, colon, and lung cancer.



O



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lived in Uxbridge since childhood. I have fulfilled my dream of opening up a medical clinic that will improve community.